



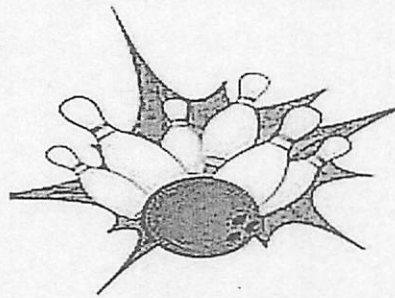
THE AMERICAN LEGION FAMILY



5th Annual Department of Connecticut American Legion & Veterans of Foreign Wars Families' Bowling Tournament

WE HAVE TO WHIP THEM AND GET THE TROPHY BACK TO THE VFW!!!

PUT IT ON YOUR CALANDAR A REAL FUN DAY!!!



Sunday April 26, 2020, 1pm – Practice begins 1:15pm Bowl-O-Rama 2143 Berlin Turnpike Newington, CT

Open to all American Legion Family & VFW Family members and friends.

We ask that each Team provide a prize for the Raffle Table.

If you want to Bowl but don't have a Team, sign-up anyway, we will make room for you!

Maximum number of lanes reserved is 28.

\$20.00 per person, Includes shoe rental, 3 Games of Bowling and Pizza

Please return this portion with the Names in the order you will be bowling, by April 20, 2020.

Mail Checks Payable to: "American Legion Dept. of CT"

The American Legion, Dept. of Connecticut 864 Wethersfield Avenue Hartford, CT 06114

Team Name _____ Check# _____

Table with 4 columns: Name, Post/Unit, District, Contact Information. Rows 1-4.



**DISTRICT FOUR
DEPARTMENT OF CONNECTICUT
Veterans of Foreign Wars
and VFW Auxiliary**



TESTIMONIAL DINNER

HONORING

**Sherry Wozniak
District 4 Commander**

**Lorraine LaCroix
District 4 President**

SUNDAY, MARCH 22, 2020

**WILLIAM L. MERCIER VFW POST 5446
7 Winsor Avenue
Plainfield, CT 06374**

Cocktail Hour 12:00 Noon to 1:00 PM – Dinner 1:30 PM

**Baked Stuffed Chicken Breast
Garden Salad, Rolls and Butter
Mashed Potatoes
Vegetable
Coffee, Tea and Dessert**

Tickets: \$25.00 per person

Table Reservations in Groups of 8 Reserve _____ Table(s)

Please Reserve _____ tickets at \$25.00 each \$ _____

Deadline for tickets: March 16, 2020

No tickets will be sold at the door. Reserved tickets will be held at the door.

Checks payable to District 4 VFW and mail to:

Kenneth C. Hartline, Quartermaster
135 Asher Avenue
Pawcatuck, CT 06379

Name: _____ Post/Aux. _____

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____



Freedom Loving American Guardians, Inc.

F.L.A.G.

In Service To Those Who Serve



Surviving War 22 or The SW-22 Initiative

Introduction

Dear Fellow Americans: The purpose of this letter is to introduce you to a plan designed help reduce the number of Veteran related suicides. According to a recent study released by the Veterans Administration, we lose an average of twenty two Veterans to suicide every single day. That number is unacceptable! The SW 22 Initiative is a grassroots effort to help reduce that number, through direct intervention by those of compassion who have a special understanding of the problem.

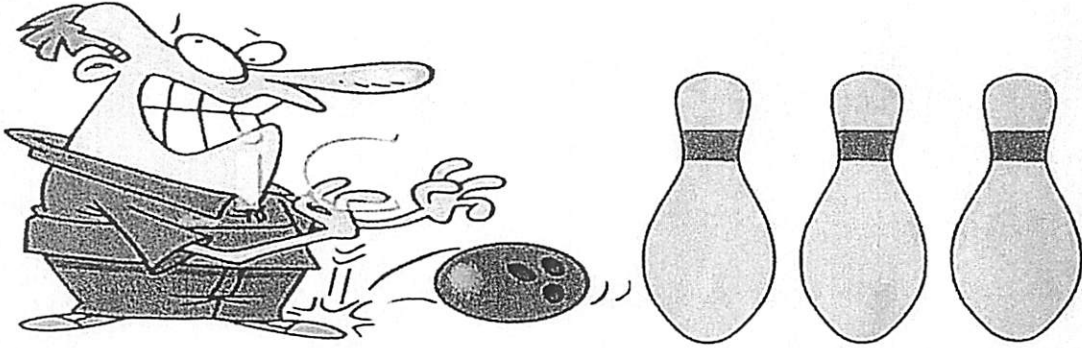
The main complaint voiced continually by Veterans in crisis (and those that love them) is that no one cares about them or is willing to help. There are, of course, many thousands of people across the country who have the desire and ability to help those Veterans, but the Veterans simply do not know who they are or how to contact them. The SW 22 Initiative is an effort to bring the two together in a way that will be timely and meaningful to the Veterans in an attempt to prevent their suicide.

For many decades Troop Supported and related Organizations have been networking with each other for the benefit of our Veterans and their Families. The SW 22 Initiative seeks to expand on that idea by identifying groups and individuals willing to help and adding them to a National Database. That information would then be made available to those participating. Once a Veteran in crisis is brought to their attention, they will then be able to access the database in order to locate a volunteer in the same basic area of the country who can then be a resource for the Veteran by either 1) direct, one on one, support, or 2) act as a resource to help the Veteran find the type of help they need. This networking model has proved to be very effective in many areas of need in the past, and we believe it can be of great help in combating the suicide epidemic among our Veterans today.

It is important to understand that this is not about any one organization looking for recognition, but rather many organizations and individuals coming together to achieve a common goal, i.e.: To reach out to Veterans and Active Duty personal, who are at risk of Suicide and to help prevent them from taking that course of action. If you or you Group would be interested in helping out, Sponsoring or joining the Initiative, please contact me via the information below.

Sincerely

Richard Hall
Chairman, F.L.A.G.
(407) 461-9568
rich.hall@reagan.com



VFW

DISTRICT 4

BOWLING TOURNAMENT

SUNDAY MARCH 29TH

4 PERSON TEAMS, \$100 PER TEAM

OPEN TO ALL VFW MEMBERS, AUXILIARIES + GUEST

*REGISTRATION 9:45 BOWLING STARTS 10:30 SHARP AT THE
NORWICH BOWLING LANES, 188 WEST TOWN STREET, NORWICH CT*

POST NAME OR NUMBER _____

PLAYER'S NAME # 1 _____ **# 2** _____

3 _____ **# 4** _____

COME AND JOIN US FOR A FUN DAY OF BOWLING, LUNCH AND AWARDS

*FOOD AND AWARDS AT THE RICHARD E. HOURIGAN POST 594, 30 CONNECTICUT
AVE NORWICH, CT. PH: 860-892-1400*

**PLEASE MAKE CHECKS PAYABLE TO VFW DISTRICT 4
QUARTERMASTER, KENNETH HARTLINE 135 ASHER AVE
PAWCATUCK CT 06379 CUT OFF DATE MARCH 25 FOR MORE INFO
CONTACT DAVE GREENE 860-710-9099**



**VETERANS OF FOREIGN WARS. SEYMOUR VFW
& AUXILLARY POST 12084**

**IRISH
DINNER**



This Photo by Unknown
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**NIGHT
DANCE**

MARCH 15, 2020 Sunday 3P.M.

Villa Bianca 312 Roosevelt Dr, Seymour, CT 06483

Full Sit-down Dinner & Dancing

In Honor of Commander Al Yagovane's Retirement

Corn Beef, cabbage, pasta, salad, carrots, potatoes, rolls, cake, coffee, soda

Cash Bar-Music-50/50 Raffle-Door Prizes

Proceeds to benefit Local Veterans of Foreign Wars

Donation \$27/ kids 12 & under \$12

CALL George@203-671-3776 Or STEVE@203-654-1002

No ticket sales at the door

DIV 7	15POSTS	DIST	2019	2020	%NOW	P/M					
4608	LEDYARD	4	47	48	102.13%	1+					
10690	HIGGANUM	6	38	37	97.37%	-1					
583	MIDDLETOWN	6	49	45	91.84%	-1					
8776	HEBRON	3	50	45	90.00%	-5					
10362	MIDDLEFIELD	6	49	44	89.80%	-5					
10112	COS COB	1	40	38	75.00%	-2					
3336	EAST HADDAM	6	45	38	84.44%	-7					
1840	MIDDLETOWN	6	38	32	84.21%	-6					
6726	ESSEX	6	41	35	85.37%		<u>DISTR #</u>	<u>2019</u>	<u>2020</u>	<u>%NOW</u>	<u>P/M</u>
10466	SHELTON	1	38	35	92.11%	-3	4	2616	2381	91.01%	-298
9836	NEWINGTON	3	46	39	84.78%	-7	5	1305	1146	87.81%	-159
10273	BRIDGEPORT	1	43	36	83.72%	-7	3	2117	1804	85.21%	-313
10251	SOUTH WINDSOR	3	45	36	80.00%	-9	6	778	655	84.19%	123
6121	PORTLAND	6	44	38	86.00%	-6	1	1686	1402	83.15%	-284
2212	TAFTVILLE	4	46	38	82.61%	-8	2	2139	1721	80.45%	-418

DISTRICT COMMANDER OF THE MONTH

4 SHERRY WOZNIAK POST 5446

<u>DIV8</u>	<u>15 POSTS</u>	<u>DIST</u>	<u>2019</u>	<u>2020</u>	<u>%NOW</u>	<u>P/M</u>
2774	SALEM	4	35	37	105.71%	2+
938	WEST WILLINGTO	3	26	27	103.85%	1+
572	THOMASTON	5	27	26	96.30%	-1
3052	RIDGEFIELD	1	16	15	93.75%	-1
6990	COLCHESTER	4	26	25	96.15%	-1
9243	LAKEVILLE	5	19	23	121.05	4+
10169	DURHAM	6	20	14	70.00%	-6
10589	COVENTRY	3	33	22	66.67%	-11
1009	BLOOMFIELD	3	25	15	60.00%	-10

DIVISON COMMANDER OF THE MONTH

DIV 1 STEVE EVANGELISTA 9460 STRATFORD
 DIV 2 CHRISTOPHER PAUIHUS 1724 WILLIMANTIC
 DIV 3 ROGER PEARL 6123 WINSOR LOCKS
 DIV 4 ROBERT BEVERIDGE 574 PLAINVILLE
 DIV 5 ROBERT FARRIOR 5849 NIAN TIC
 DIV 6 KENNETH KORSU 1607 SOUTHBURY
 DIV 7 KENNETH TRACY 4608 LEDYARD
 DIV 8 CHRISTOPHER OHMEN 9243 LAKEVILLE

THIS MONTH AS A REMINDER PLEASE HAVE YOUR QUARTERMASTER CHECK ALL EXPIRING OFFICERS AS WE CONTINUE TO LOSE KEY POSITIONS AT THE POST LEVEL. LETS KEEP MOVING FORWARD TOWARDS ACHIVEING OUR GOAL OF 100% PLUS AND MOVING US FORWARD COMPLETING ALL OF THE VFW PROGRAMS WE ALL NEED TO TRY AND SPEND AT LEAST 10 MINUTES CONTACTING OUR UNPAID MEMBERS TO INSURE THEY ARE DOING WELL. THERE IS NOTHING BETTER THEN HEARING FROM A FELLOW VETERAN.

Bulletin# 1

STATE COMMANDER DAVEGREENE

01/31/2020

DIV 1 2POSTS						DIV 5 11 POSTS					
		2019	2020	%NOW	+/-	0#	19	20	%NOW	+/-	
7330 OAKVILLE	5	625	552	88.8	-73	5849 NIANTIC	4	83	103.61%	-1	
9460 STRATFORD	1	402	360	89.55%	-42	10688 CANTERBURY	4	79	98.73%	-2	
DIV2 12POSTS						DIV 6 21POSTS					
		2019	2020	%NOW	p/m	D#	19	20	%NOW	+/-	
1724 WILLIMANTIC	4	224	213	95.09%	-11	1467 OLD LYME	4	75	94.67%	-4	
5095 EASTHAMPTON	6	202	178	88.12%	-24	254 HARTFORD	3	59	91.53%	-5	
10004 JEWITT CIY	4	295	266	90.17%	-29	7790 WATERBURY	2	67	88.06%	10	
1265 PAWCATUCK	4	205	184	89.76%		1607 SOUTHBURY	2	51	96.08%	-2	
7788 DEVON	2	251	211	84.06%		9422 WEST HAVEN	2	53	48	83.02%	-5
9929WEST HARTFORD	3	224	191	85.27%		10201 BROOKFIELD	1	52	48	92.31%	-4
149 DANBURY	1	278	220	79.14%	-58	10059 TRUMBULL	1	72	64	88.89%	-8
511 NEW BRITAIN	3	201	176	87.56%	-25	653 NEW CANAAN	1	68	59	86.76%	-9
591 WAWNGFORO	2	234	195	83.33%	-39	4740 WINSOR	3	71	57	80.28%	-14
1672 NEW MILFORD	5	220	181	82.27%	-39	9617 STAMFORD	1	71	12	83.1%	-18
1946 NAUGATUCK	2	272	207	76.10%	-65	597 ANSONIA	2	55	42	76.36%	-13
201 WATERBURY	2	208	151	72.60%	-65	4908 EAST KILLINGLY	4	73	57	78.08%	-16
DIV 3 11POSTS						DIV 4 11 POSTS					
		2019	2020	%NOW	+/-					+/-	
10060 MONTVILLE	4	187	173	92.51%	-14	10052 CHESHIRE	2	53	39	73.58%	-17
2046 MANCHESTER	3	196	183	93.37%	-13	9544 SUFFIELD	3	62	41	66.13%	-21
6123 WINDSOR LOCKS	3	166	157	94.58%	-9	9990 STAFFORD SPRS.	3	56	37	66.07%	-21
3263 MYSTIC	4	197	180	91.37%	-17	12084 SEYMOUR	2	55	45	81.82%	-10
5446 PLAINFIELD	4	173	153	88.44%	-20	10361 FARMINGTON	3	59	37	62.71%	-22
6851 CANAAN	5	168	156	92.86%	-12	9427 FAIRIFELD	1	60	47	78.33%	13
2138 ROCKY HILL	3	157	125	79.62%	-32						
9965 YALESIVLLE	2	186	148	79.57%	-46						
9452 PRESTON	4	192	160	83.33%	-32						
399 WESTPORT	1	187	138	73.80%	-49						
10153 OLDSAYBROOK	6	174	134	77.01%	-40						
2083 EASTHARTFORD	3	106	95	89.62%	-11						
189 NEW LONDON	4	122	112	91.80%	-10						
574 PLAINVILLE	3	135	130	96.30%	-16						
6933 NOROTON	1	138	122	88.41%	-16						
296 WINSTED	5	131	113	86.26%	-18						
1979 WOLCOTT	2	150	139	92.67%	-23						
1523 PUTNAM	4	139	124	89.21%	-15						
5157 WATERTOWN	5	115	95	82.61%	-20						
308 NEWTOWN	1	124	106	85.48%	-18						
10732 BERLIN	3	120	107	89.17%	-13						
3272 AVON	3	127	96	75.59%	-31						